

CGS Summer MENU

Menu subject to change

June 2017

WEEK 1

MONDAY

Cheese Burger
Chorizo and Chicken
Pasta Bake
Rosemary and Thyme
Sausages
Quorn Cheese Burger
Fruit Crumble

TUESDAY

Roast Beef and
Yorkshire Pudding
Chicken Korma
Quorn Roast
Vegetable Korma
Treacle Pudding

WEDNESDAY

Lasagne and Garlic Bread
Paella
Vegetarian Burger
Mushroom Risotto
Jam Sponge

THURSDAY

Pasta and Salad Bar

FRIDAY

Fish and Chips
Gammon
Cheese and Onion Lattice
Quorn Fillet in Basil and
Tomato Sauce
Rice Pudding

WEEK 2

MONDAY

Turkey Taco
Lincolnshire Sausage
Quorn Taco
Macaroni Cheese
Chocolate Sponge and
Sauce

TUESDAY

Roast Turkey
Pulled Pork with Apple
and Stuffing Sauce
Cheese and Onion Pasties
Quorn Roast
Lemon Sponge

WEDNESDAY

Chicken Stir Fry
Savoury Mince and
Yorkshire Pudding
Quorn Mince and
Yorkshire Pudding
Quorn Burger
Apple Pie

THURSDAY

Pizza and Salad Bar

FRIDAY

Beef and Onion Pie
Chicken Biryani
Vegetable Curry
Spicy Bean Burger
Ginger Sponge

WEEK 3

MONDAY

Chicken Fajita
Quiche
Rosemary and Thyme
Sausages
Quiche Vegetable
Fruit Crumble

TUESDAY

Roast Beef and Yorkshire
Pudding
Southern Fried Chicken
Quorn Roast
Vegetable Korma
Treacle Pudding

WEDNESDAY

Macaroni Cheese
Chicken Burger
Vegetarian Burger
Mushroom Risotto
Jam Sponge

THURSDAY

Pasta and Salad Bar

FRIDAY

Fish and Chips
Sausage and Onion
Baguette
Cheese and Onion Lattice
Quorn Fillet in Basil and
Tomato Sauce
Rice Pudding

WEEK 4

MONDAY

Crispy Beef and Noodles
Chicken Kebab Served in
Flat Bread
Quorn Taco
Macaroni Cheese
Chocolate Sponge and
Sauce

TUESDAY

Roast Pork
Chicken Pie
Cheese and Onion Pasties
Quorn Roast
Lemon Sponge

WEDNESDAY

Spaghetti Bolognese and
Garlic Bread
Fish Cakes
Quorn Bolognese
Quorn Burger
Apple Pie

THURSDAY

Pizza and Salad Bar

FRIDAY

Chilli and Rice
Pasta Carbonara
Quorn Chilli
Spicy Bean Burger
Ginger Sponge