

CGS



MENU

Menu subject to change

February 2018

WEEK 1

MONDAY

Chicken Stir Fry and Rice
Quiche Lorraine
Vegetarian Quiche
Quorn Stir-fry
Hot Sweet

TUESDAY

Roast Dinner
Chicken Korma
Vegetarian Nuggets
Vegetable Korma
Hot Sweet

WEDNESDAY

Cheese Burger
Southern Coated
Chicken Breast
Vegetarian Burgers
Mushroom Risotto
Hot Sweet

THURSDAY

Lasagne and Garlic Bread
Chicken Fajitas with
Salad and Dips
Vegetable Casserole
Vegetarian Lasagne
Hot Sweet

FRIDAY

Fish and Chips
Pasta Carbonara
Bean and Cheese Pasties
Quorn Fillet in Basil and
Tomato Sauce
Hot Sweet



WEEK 2

MONDAY

BBQ Pork with Rice
Lincolnshire Sausage
Chick Pea and Sweet
Potato Curry
Macaroni Cheese
Hot Sweet

TUESDAY

Roast Dinner
Savoury Mince
Vegetarian Nut Roast
Stuffed Potato Skins
Hot Sweet

WEDNESDAY

Chicken Goujons and
Garlic Dip
Spaghetti Bolognese
Tomato and Pepper Pasta
Quorn Burger
Hot Sweet

THURSDAY

Pizza
Hunter Chicken
BBQ Quorn Fillet
Vegetable Lasagne
Hot Sweet

FRIDAY

Chicken Pie
Fish Cakes
Quorn Pie
Spicy Bean Burger
Hot Sweet



WEEK 3

MONDAY

Pasta Carbonara
Spicy Chicken Risotto
Quorn Carbonara
Cheese and Onion
Sausages
Hot Sweet

TUESDAY

Roast Dinner
Chicken Kiev
Nut Roast
Quorn Burger
Hot Sweet

WEDNESDAY

Beef Taco
Pulled Pork Baguette
Lentil and Vegetable
Cottage Pie
Vegetable Risotto
Hot Sweet

THURSDAY

Chicken Burger
Tuna Pasta Bake
Sausages
Sweet and Sour Quorn
Hot Sweet

FRIDAY

Fish and Chips
Mince Beef Pie
Vegetarian Mince Pie
Vegetable Burger
Hot Sweet

WEEK 4

MONDAY

Chicken Korma
Meatball Sub
Vegetable Meat Ball
Pasta Bake
Quorn Fillet
Hot Sweet

TUESDAY

Roast Dinner
Savoury Mince and
Yorkshire Pudding
Quorn Sausage
Quorn Mince and
Yorkshire Pudding
Hot Sweet

WEDNESDAY

Chicken Pie
Spaghetti Bolognese
Spicy Bean Burger
Vegetarian Bolognese
Hot Sweet

THURSDAY

Sweet and Sour Pork
with Rice
Chicken Kabab with
Flat Bread
Mediterranean Pasta
Sweet Potato Fatatas
Hot Sweet

FRIDAY

Lasagne and Garlic Bread
Sausage Rolls
Sweet Potato Chick
Pea Curry
Risotto
Hot Sweet



Additional Cold Food Items Are Available on a Daily Basis