

# CGS Summer MENU

Menu subject to change

June 2018

Hot Lunch

## WEEK 1

### MONDAY

Cheese Burger  
Chorizo and Chicken  
Pasta Bake  
Rosemary and Thyme  
Sausages  
Quorn Cheese Burger  
Fruit Crumble

### TUESDAY

Roast Beef and  
Yorkshire Pudding  
Chicken Korma  
Quorn Roast  
Vegetable Korma  
Treacle Pudding

### WEDNESDAY

Lasagne and Garlic Bread  
Paella  
Vegetarian Burger  
Mushroom Risotto  
Jam Sponge

### THURSDAY

Pasta and Salad Bar

### FRIDAY

Fish and Chips  
Gammon  
Cheese and Onion Lattice  
Quorn Fillet in Basil and  
Tomato Sauce  
Rice Pudding

## WEEK 2

### MONDAY

Turkey Taco  
Lincolnshire Sausage  
Quorn Taco  
Macaroni Cheese  
Chocolate Sponge and  
Sauce

### TUESDAY

Roast Turkey  
Pulled Pork with Apple  
and Stuffing Sauce  
Cheese and Onion Pasties  
Quorn Roast  
Lemon Sponge

### WEDNESDAY

Chicken Stir Fry  
Savoury Mince and  
Yorkshire Pudding  
Quorn Mince and  
Yorkshire Pudding  
Quorn Burger  
Apple Pie

### THURSDAY

Pizza and Salad Bar

### FRIDAY

Beef and Onion Pie  
Chicken Biryani  
Vegetable Curry  
Spicy Bean Burger  
Ginger Sponge

## WEEK 3

### MONDAY

Chicken Fajita  
Quiche  
Rosemary and Thyme  
Sausages  
Quiche Vegetable  
Fruit Crumble

### TUESDAY

Roast Beef and Yorkshire  
Pudding  
Southern Fried Chicken  
Quorn Roast  
Vegetable Korma  
Treacle Pudding

### WEDNESDAY

Macaroni Cheese  
Chicken Burger  
Vegetarian Burger  
Mushroom Risotto  
Jam Sponge

### THURSDAY

Pasta and Salad Bar

### FRIDAY

Fish and Chips  
Sausage and Onion  
Baguette  
Cheese and Onion Lattice  
Quorn Fillet in Basil and  
Tomato Sauce  
Rice Pudding

## WEEK 4

### MONDAY

Crispy Beef and Noodles  
Chicken Kebab Served in  
Flat Bread  
Quorn Taco  
Macaroni Cheese  
Chocolate Sponge and  
Sauce

### TUESDAY

Roast Pork  
Chicken Pie  
Cheese and Onion Pasties  
Quorn Roast  
Lemon Sponge

### WEDNESDAY

Spaghetti Bolognese and  
Garlic Bread  
Fish Cakes  
Quorn Bolognese  
Quorn Burger  
Apple Pie

### THURSDAY

Pizza and Salad Bar

### FRIDAY

Chilli and Rice  
Pasta Carbonara  
Quorn Chilli  
Spicy Bean Burger  
Ginger Sponge

Additional Cold Food Items are Available on a Daily Basis